



MENU

Peru CSD Middle School / High School

Items in GREEN are items that have one or more main ingredients that are procured from local producers in the State of New York

DECEMBER

Turkey Subs Assorted Toppings Apple Slaw Honey Glazed Carrots Fruits & Veggies / Milk	1	Beef Nachos Assorted Toppings Fresh Cut Pineapple Mexican Street Corn Fruits & Veggies / Milk	2	Half Day! Build-a-Box Buffet!	3	Chicken Caesar Wraps Local Green Leaf Lettuce Baked Beans Yogurt Bar Fruits & Veggies / Milk	4	Dunker Day! Marinara Tossed Salad Friday Soup Fruits & Veggies / Milk	5
Classic Grilled Cheese Homemade Tomato Soup Carrot Sticks w/ Ranch Cinnamon Tossed Apples Fruits & Veggies / Milk	8	Tacos Americanos Cilantro Lime Rice Refried Pinto Beans Cottage Cheese w/ Peach Sauce Fruits & Veggies / Milk	9	Breakfast for Lunch! Pancakes / Sausage Scrambled Eggs Yogurt Bar Fruits & Veggies / Milk	10	BBQ Chicken Mac & Chz w/ Bread Crumb Topping Honey Glazed Carrots Fresh Cut Melon Mix Fruits & Veggies / Milk	11	Pizza Day! Cheese or Pepperoni Tossed Salad Friday Soup Fruits & Veggies / Milk	12
Hot Honey Chx Biscuits Kale Chips Garlic Green Beans Fresh Kiwi Fruit Fruits & Veggies / Milk	15	Pulled Chx Quesadillas Black Bean Corn Salsa Spanish Style Rice & Quinoa Homemade Lime Crema Fruits & Veggies / Milk	16	Breakfast for Lunch! Breakfast Pizza w/ Bacon Yogurt Bar w/ Granola Cinnamon Tossed Apples Fruits & Veggies / Milk	17	Classic Lasagna Parm Garlic Dinner Rolls Seasoned Broccoli & Cauliflower Cottage Cheese w/ Peach Sauce Fruits & Veggies / Milk	18	Dunker Day! Marinara Tossed Salad Friday Soup Fruits & Veggies / Milk	19
HOLIDAY BREAK	22	HOLIDAY BREAK	23	HOLIDAY BREAK	24	HOLIDAY BREAK	25	HOLIDAY BREAK	26
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All students eat **FREE** at Peru CSD. A student can get three items for free even if they bring a bag lunch from home.

Local Vendors We are Proud to Use:

Juniper Hill Farm- Produce, Fresh Eggs
Donahue's Livestock- Beef and Sausage
North Country Creamery- Yogurt
Glaziers- Milk
Lillie Valley Farm- Beef

Peru CSD encourages all students to select a complete meal containing all FIVE food components at lunch. Students must select at least THREE food components with one of those food components being at least a ½ cup of fruit or vegetable to constitute a meal.

The cafeteria staff take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

