



MENU

Peru CSD Middle / High School
Lunch Menu

Items in **GREEN** are items that have one or more main ingredients that are procured from local producers in the State of New York

FEBRUARY

Cowboy Burgers BBQ / Bacon / Cheese Scratch Potato Salad Baked Beans Fruits & Veggies / Milk	2	Chicken Al Pastor (Mexican Chx w/Pineapple) Spanish Rice Quinoa Mexican Street Corn Fruits & Veggies / Milk	3	Classic Baked Ziti Roasted Broccoli Parm Garlic Dinner Rolls Fruits & Veggies Milk	4	Scratch Sausage & Gravy Over Southern Style Biscuit Buttered Corn Fruits & Veggies Milk	5	Pizza Day! Cheese or Pepperoni Tossed Salad Fruits & Veggies Milk	6
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Michigan Sauce Burgers Sweet Potato Homefries Kale Chips Fruits & Veggies Milk	9	Cali Chicken Bowl Seasoned Pulled Chicken Spanish Rice Homemade Guacamole Fruits & Veggies / Milk	10	Classic Grilled Cheese Homemade Tomato Soup Honey Roasted Carrots Fruits & Veggies Milk	11	Rosemary Roasted Bone-In Chicken Scratch Mac & Cheese Roasted Broccoli Fruits & Veggies / Milk	12	Dunker Day! Cheese or Pepperoni Tossed Salad Valentine's Day Dessert Fruits & Veggies / Milk	13
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NO SCHOOL HAVE	16	NO SCHOOL A VERY	17	NO SCHOOL GREAT	18	NO SCHOOL WINTER	19	NO SCHOOL BREAK!	20
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Teriyaki Chicken Yum Yum Sauce Veggie Lo Mein Steamed Broccoli Fruits & Veggies / Milk	23	Beef Nachos Homemade Nacho Cheese Cilantro Lime Rice Fruits & Veggies Milk	24	BBQ Chicken Wraps Pesto Pasta Salad Baked Beans / Kale Chips Fruits & Veggies Milk	25	Brunch for Lunch! Scrambled Eggs Homefries / Sausage Links Yogurt w/ Granola Fruits & Veggie / Milk	26	Pizza Day! Cheese or Pepperoni Tossed Salad Fruits & Veggies Milk	27
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All students eat **FREE** at Peru CSD. A student can get three items for free even if they bring a bag lunch from home.

Local Vendors We are Proud to Use:

Juniper Hill Farm- Produce, Fresh Eggs
Heywood Farms- Maple Syrup and Ground Beef
North Country Creamery- Yogurt
Glaziers- Milk
Lucki7- Ground Beef and other Beef/Pork Products
Donahue's- Ground Beef and other Beef/Pork Products

Peru CSD encourages all students to select a complete meal containing all **FIVE** food components at lunch. Students must select at least **THREE** food components with one of those food components being at least a $\frac{1}{2}$ cup of fruit or vegetable to constitute a meal.

The cafeteria staff take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

