



Items in **GREEN** are items that have one or more main ingredients that are derived from local producers in the State of New York

FEBRUARY 2026

Peru CSD **VEGETARIAN** Lunch Menu

We take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Black Bean Burger Day!</u> 2 Plain or Cheese <u>Potato Salad</u> / Baked Beans Fruits & Veggies / Milk	<u>Chickpea Al Pastor</u> 3 (Mexican Chickpeas w/ Pineapple) Seasoned Brown Rice Mexican Street Corn Fruits & Veggies / Milk	<u>Classic Baked Vegetarian Ziti</u> 4 Roasted Broccoli Parm Garlic Dinner Rolls Fruits & Veggies / Milk	<u>Eggs Over Biscuit</u> 5 Southern Style Biscuit <u>Scrambled Eggs</u> Buttered Corn Fruits & Veggies / Milk	<u>Cheese Pizza Day!</u> 6 Tossed Salad Fruits & Veggies Milk
<u>Sloppy Lentils</u> 9 Sweet Potato Homefries Kale Chips Fruits & Veggies Milk	<u>Chickpea Cantina Bowl</u> 10 <u>Mexican Chickpeas</u> Spanish Rice Black Bean Corn Salsa Fruits & Veggies / Milk	<u>Grilled Cheese</u> 11 Homemade Tomato Soup Honey Roasted Carrots Fruits & Veggies Milk	<u>Rosemary Chickpeas</u> 12 Scratch Mac & Cheese Roasted Broccoli Fruits & Veggies Milk	<u>Dunker Day!</u> 13 Marinara Tossed Salad V-Day Dessert!!! Fruits & Veggies / Milk
16 No School Winter Break	17 No School Winter Break	18 No School Winter Break	19 No School Winter Break	20 No School Winter Break
<u>Teriyaki Chickpeas</u> 23 Veggie Lo Mein Steamed Broccoli Fruits & Veggies Milk	<u>Lentil Nachos</u> 24 Scratch Nacho Cheese Cilantro Lime Rice Fruits & Veggies Milk	<u>BBQ Lentil Wraps</u> 25 Pasta Salad / Kale Chips Vegetarian Baked Beans Fruits & Veggies Milk	<u>Brunch for Lunch!</u> 26 Scrambled Eggs <u>Black Beans</u> / Homefries Fruits & Veggies Milk	<u>Cheese Pizza Day!</u> 27 Tossed Salad Fruits & Veggies Milk



Peru CSD encourages all students to select a complete meal containing all FIVE food components at lunch. Students must select at least THREE food components with one of those food components being at least a ½ cup of fruit or vegetable to constitute a meal.

ALL STUDENTS EAT FREE AT PERU CSD!
Alternate choices are PB&J or Egg Salad Sandwich.

Local Vendors We are Proud to Use:

Juniper Hill Farm- Produce, Fresh Eggs
North Country Creamery- Yogurt
Heywood Farms- Maple Syrup and Ground Beef
Glaziers- Milk

Donahue's and Lucki7- Ground Beef and other Beef/Pork Products