



Items in **GREEN** are items that have one or more main ingredients that are derived from local producers in the State of New York

FEBRUARY 2026

Peru CSD VEGETARIAN Lunch Menu

We take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

Monday	Tuesday	Wednesday	Thursday	Friday
Black Bean Burger Day! 2 Plain or Cheese <u>Potato Salad</u> / Baked Beans Fruits & Veggies / Milk	Chickpea Al Pastor 3 (Mexican Chickpeas w/ Pineapple) Seasoned Brown Rice Mexican Street Corn Fruits & Veggies / Milk	Classic Baked Vegetarian Ziti 4 Roasted Broccoli Parm Garlic Dinner Rolls Fruits & Veggies / Milk	Eggs Over Biscuit 5 Southern Style Biscuit <u>Scrambled Eggs</u> Buttered Corn Fruits & Veggies / Milk	Cheese Pizza Day! 6 Tossed Salad Fruits & Veggies Milk
Sloppy Lentils 9 Sweet Potato Homefries Kale Chips Fruits & Veggies Milk	Chickpea Cantina Bowl 10 Mexican Chickpeas Spanish Rice Black Bean Corn Salsa Fruits & Veggies / Milk	Grilled Cheese 11 Homemade Tomato Soup Honey Roasted Carrots Fruits & Veggies Milk	Rosemary Chickpeas 12 Scratch Mac & Cheese Roasted Broccoli Fruits & Veggies Milk	Dunker Day! 13 Marinara Tossed Salad V-Day Dessert!!! Fruits & Veggies / Milk
No School 16 Winter Break	No School 17 Winter Break	No School 18 Winter Break	No School 19 Winter Break	No School 20 Winter Break
Teriyaki Chickpeas 23 Veggie Lo Mein Steamed Broccoli Fruits & Veggies Milk	Lentil Nachos 24 Scratch Nacho Cheese Cilantro Lime Rice Fruits & Veggies Milk	BBQ Lentil Wraps 25 <u>Pasta Salad</u> / Kale Chips Vegetarian Baked Beans Fruits & Veggies Milk	Brunch for Lunch! 26 <u>Scrambled Eggs</u> <u>Black Beans</u> / Homefries Fruits & Veggies Milk	Cheese Pizza Day! 27 Tossed Salad Fruits & Veggies Milk



Peru CSD encourages all students to select a complete meal containing all **FIVE** food components at lunch. Students must select at least **THREE** food components with one of those food components being at least a $\frac{1}{2}$ cup of fruit or vegetable to constitute a meal.

ALL STUDENTS EAT FREE AT PERU CSD!
Alternate choices are PB&J or Egg Salad Sandwich.

Local Vendors We are Proud to Use:

Juniper Hill Farm- Produce, Fresh Eggs
North Country Creamery- Yogurt
Heywood Farms- Maple Syrup and Ground Beef
Glaziers- Milk

Donahue's and Lucki7- Ground Beef and other Beef/Pork Products