



# MENU

Peru CSD Middle / High School  
Lunch Menu

Items in **GREEN** are items that have one or more main ingredients that are procured from local producers in the State of New York

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**MARCH**  
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<b>Spaghetti w/ Meatsauce</b> <b>2</b> Cheesy Garlic Bread Garlic Green Beans Fruits & Veggies Milk	<b>Mexican Pizza w/ Chicken</b> <b>3</b> Black Bean Corn Salsa Salsa / Sour Cream Fruits & Veggies Milk	<b>Sausage, Pepper &amp; Onions on a Hoagie Roll</b> <b>4</b> Broccoli Craisin Salad Fruits & Veggies Milk	<b>Chicken Bacon Carbonara</b> <b>5</b> Buttered Peas Fresh Cut Melon Mix Fruits & Veggies Milk	<b>Italian Dunkers</b> <b>6</b> Marinara / Buffalo Dip Tossed Garden Salad Fruits & Veggies Milk
<b>Chicken Parm Subs</b> <b>9</b> Provolone Cheese Roasted Brussel Sprouts Fruits & Veggies Milk	<b>Tacos Americanos</b> <b>10</b> Seasoned Beef Spanish Rice Mexican Street Corn Fruits & Veggies / Milk	<b>Burger Day!</b> <b>11</b> Assorted Toppings Baked Beans Scalloped Potatoes Fruits & Veggies / Milk	<b>Sweet &amp; Sour Chicken</b> <b>12</b> Steamed Brown Rice Asian Veggie Medley Veggie Egg Roll Fruits & Veggies / Milk	<b>Pizza Day!</b> <b>13</b> Cheese or Pepperoni Tossed Garden Salad Fruits & Veggies Milk
<b>Indian Butter Chicken</b> <b>16</b> Lemon Curry Brown Rice Masala Corn Fruits & Veggies Milk	<b>Irish Beef Stew</b> <b>17</b> Honey Irish Root Vegetables Lucky Green Super Smoothie Fruits & Veggies Milk	<b>Reunification Drill</b> <b>18</b> Bagged Lunches (Contact Zach for any dietary restriction requests)	<b>HALF DAY</b> <b>19</b> <b>Italian Dunkers</b> Marinara / Buffalo Dip Tossed Garden Salad Fruits & Veggies / Milk	<b>NO SCHOOL</b> <b>20</b> <b>Superintendent's Day</b>
<b>Cheeseburger Shells</b> <b>23</b> Roasted Corn on the Cob Fresh Cut Kiwi Fruits & Veggies Milk	<b>Chicken Bacon Ranch Quesadillas</b> <b>24</b> Black Bean Ceviche Salsa / Sour Cream Fruits & Veggies / Milk	<b>Philly Cheesesteak</b> <b>25</b> Buffalo Cauliflower Potato Salad Fruits & Veggies Milk	<b>Creole Jambalaya</b> <b>26</b> Candied Sweet Potatoes Homemade Honey Cornbread Fruits & Veggies Milk	<b>Pizza Day!</b> <b>27</b> Cheese or Pepperoni Tossed Garden Salad Fruits & Veggies Milk
<b>Soup and Garden Salad</b> <b>30</b> Grilled Chicken Parm Garlic Dinner Roll Fruits & Veggies Milk	<b>Chicken Fajitas</b> <b>31</b> Pulled Chicken Refried Beans Salsa / Sour Cream Fruits & Veggies / Milk			

All students eat for **NO COST** at Peru CSD. A student can get three items or more for no cost even if they bring a bag lunch from home.

### Local Vendors We are Proud to Use:

- Juniper Hill Farm- Produce, Fresh Eggs
- Heywood Farms- Maple Syrup and Ground Beef
- North Country Creamery- Yogurt
- Glaziers- Milk
- Lucki7- Ground Beef and other Beef/Pork Products
- Donahue's- Ground Beef and other Beef/Pork Products

Peru CSD encourages all students to select a complete meal containing all FIVE food components at lunch. Students must select at least THREE food components with one of those food components being at least a 1/2 cup of fruit or vegetable to constitute a meal.

The cafeteria staff take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

