

MARCH 2026

Peru CSD GF Lunch Menu

We take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free Ziti w/ Meatsauce 2 Cheesy GF Garlic Bread Green Beans Fruits & Veggies / Milk	Mexican Pizza w/ Chicken on GF Crust 3 Black Bean Corn Salsa Fruits & Veggies Milk	Sausage, Pepper & Onion w/ GF Roll 4 Broccoli Craisin Salad Fruits & Veggies Milk	Chicken Bacon Carbonara GF Ziti 5 Buttered Peas Fruits & Veggies Milk	GF Dunker Day! 6 Marinara Garden Salad Fruits & Veggies Milk
Chicken Parm on GF Roll 9 Roasted Brussel Sprouts Fruits & Veggies Milk	Beef GF Wrap 10 Spanish Rice Mexican Street Corn Fruits & Veggies Milk	Burger Day! 11 On GF Bun Baked Beans Scalloped Potatoes Fruits & Veggies / Milk	Sweet & Sour Chicken 12 Steamed Brown Rice Asian Veggie Medley Veggie Egg Roll Fruits & Veggies / Milk	GF Pizza Day! 13 Cheese or Pepperoni Garden Salad Fruits & Veggies Milk
Indian Butter Chicken 16 Lemon Curry Brown Rice Masala Corn Fruits & Veggies Milk	Irish Beef Stew 17 Honey Glazed Carrots Lucky Green Smoothie! Fruits & Veggies Milk	Reunification Drill 18 Bagged Lunch W/ GF Bread	HALF DAY 19 Elementary- Bagged Lunch w/ GF Bread MSHS- GF Italian Dunkers	No School Superintendent's Day 20
Cheeseburger GF Ziti 23 Roasted Corn on the Cob Fruits & Veggies Milk	Chicken Bacon Ranch Quesadillas on GF Wrap 24 Black Beans Fruits & Veggies Milk	Philly Cheesesteaks On a GF Roll 25 Buffalo Cauliflower Potato Salad Fruits & Veggies / Milk	Pork Jambalaya 26 (Pork, Rice & Beans) Candied Sweet Potatoes Fruits & Veggies / Milk	GF Pizza Day! 27 Cheese or Pepperoni Garden Salad Fruits & Veggies Milk
Soup and Salad! 30 Grilled Chicken GF Garlic Bread Fruits & Veggies Milk	Chicken Fajitas On GF Wrap 31 Pulled Chicken Refried Beans Fruits & Veggies / Milk	Item in GREEN are items that have one or more main ingredients that are derived from local producers in the State of New York!		



Peru CSD encourages all students to select a complete meal containing all FIVE food components at lunch. Students must select at least **THREE food components** with one of those food components being at least a ½ cup of fruit or vegetable to constitute a meal.

ALL STUDENTS EAT FREE AT PERU CSD!
 Alternate choices are PB&J or Egg Salad Sandwich.

Local Vendors We are Proud to Use:

- Juniper Hill Farm- Produce, Fresh Eggs
- North Country Creamery- Yogurt
- Heywood Farms- Maple Syrup and Ground Beef
- Glaziers- Milk
- Donahue's and Lucki7- Ground Beef and other Beef/Pork Products