

MARCH 2026

Peru CSD **Vegetarian** Lunch Menu

We take pride in making all our food from scratch! From baked goods to salads to proteins, the kitchen staff work hard to serve each student a restaurant style meal every day!

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Spaghetti w/ Marinara 2 Cheesy Garlic Bread Green Beans Fruits & Veggies / Milk	Mexican Pizza w/ Peppers 3 Black Bean Corn Salsa Fruits & Veggies Milk	Pepper & Onion w/ Hoagie Roll 4 Broccoli Craisin Salad Fruits & Veggies Milk	Carbonara Pasta 5 Buttered Peas Fruits & Veggies Milk	Dunker Day! 6 Marinara Garden Salad Fruits & Veggies Milk
Chickpea Parm Subs 9 Roasted Brussel Sprouts Fruits & Veggies Milk	Lentil Tacos 10 Spanish Rice Mexican Street Corn Fruits & Veggies Milk	Veggie Burger Day! 11 Baked Beans Scalloped Potatoes Fruits & Veggies Milk	Sweet & Sour Veggies 12 Steamed Brown Rice Veggie Egg Roll Fruits & Veggies / Milk	Pizza Day! 13 Cheese Garden Salad Fruits & Veggies Milk
Indian Butter Chickpeas 16 Lemon Curry Brown Rice Masala Corn Fruits & Veggies	Irish Veggie Stew 17 Honey Glazed Carrots Lucky Green Smoothie! Fruits & Veggies Milk	Reunification Drill Bagged Lunch 18	HALF DAY BAGGED LUNCH 19	No School Superintendent's Day 20
Shellsaroni & Cheese 23 Roasted Corn on the Cob Fruits & Veggies Milk	Cheese Quesadillas 24 Black Beans Fruits & Veggies Milk	Philly Peppers and Onions On a Hoagie 25 Buffalo Cauliflower Potato Salad Fruits & Veggies / Milk	Jambalaya (Rice & Beans) 26 Candied Sweet Potatoes Homemade Cornbread Fruits & Veggies / Milk	Pizza Day! 27 Cheese or Pepperoni Garden Salad Fruits & Veggies Milk
Soup and Salad! 30 Parm Garlic Dinner Roll Fruits & Veggies Milk	Pepper Fajitas 31 Refried Beans Fruits & Veggies Milk	Item in GREEN are items that have one or more main ingredients that are derived from local producers in the State of New York!		



Peru CSD encourages all students to select a complete meal containing all FIVE food components at lunch. Students must select at least **THREE food components** with one of those food components being at least a ½ cup of fruit or vegetable to constitute a meal.

ALL STUDENTS EAT FREE AT PERU CSD!
 Alternate choices are PB&J or Egg Salad Sandwich.

Local Vendors We are Proud to Use:

- Juniper Hill Farm- Produce, Fresh Eggs
- North Country Creamery- Yogurt
- Heywood Farms- Maple Syrup and Ground Beef
- Glaziers- Milk
- Donahue's and Lucki7- Ground Beef and other Beef/Pork Products